



HUMBER
Retirees' Association

Presentation by Dr. Cindy Plunkett

Your Digital Presence: How to Protect Yourself

The ever broadening digital landscape can often be a scary place.

During this session we will cover a few key areas to provide awareness and help protect you in your online presence.

We will talk about:

- The difference between a digital footprint and a digital shadow
- How to evaluate the effectiveness of your passwords
- Phishing, Smishing, & Vishing scams
- Digital Safety
- Evaluating your privacy settings
- Additional ways to protect yourself and others



On Wednesday, August 28th, 2024 from 10:00 a.m. to 11:30 a.m.

Via ZOOM

Link will be sent a day before. No fee required

Offer open to members and non-members



Dr. Plunkett

Dr. Plunkett has over 20 years experience in Talent Development & HR Technology.

Cindy is a seasoned expert in learning design and development with a PhD specializing in educational technologies.

She is the Director of Talent Development & HR Technologies at PointClickCare, Executive Director of the Canadian eLearning Conference, and a part-time professor at Ontario Tech University. Cindy has worked with three of the largest academic teaching hospitals in Canada on high profile projects with budgets in excess of \$1,000,000 and has experience speaking and facilitating both nationally and internationally.

For more information please contact: Maryannjefferies@hotmail.com